



6 High Street  
Ringstead  
Norfolk  
PE36 5JU

01485 525 264

[enquiries@thegintrapinn.co.uk](mailto:enquiries@thegintrapinn.co.uk)

[www.thegintrapinn.co.uk](http://www.thegintrapinn.co.uk)

## MENU

House Soda Bread, whipped butter G,D  
Herb marinaded olives GF  
IPA battered gherkins G All £2.95

Soup of the day, bloomer and whipped butter V/D can be GF £5.95

Moroccan chicken brochette: Crispy spiced chicken thighs, toasted pitta, salted heirloom tomatoes, garlic yoghurt G/DMU £6.95

Locally smoked mackerel pâté, house soda bread, whipped butter D/G/F £6.50

Charred sourdough, topped with bocconcini, crushed Elveden heirloom tomatoes, fresh basil pesto, locally sourced rapeseed oil and aged balsamic £6.50

Sun blush tomato and basil arancini, tomato and chilli sauce, cashew parmesan GF/V/VE/N £6.50

The original Gin Trap Onion Bhaji Scotch Egg, Havensfield Happy Hen egg, Dingly Dell sausage, wrapped in a spiced onion bhaji, served with green coriander aioli GF/D/E/MU £6.50

**Gin Trap Charcuterie Board**- Our daily selection of charcuterie, with individual soda breads, locally sourced oils and vinegars, and herb marinaded Kalamata olives  
£7.20 for per person/ £13.95 for 2

## MAINS

Cambodian chicken Samla curry, wild rice, cumin-buttered naan, Naughty Sheep mango chutney G/CE/D/MU/N/P/SE £13.50

Slow roasted BBQ Dingly Dell spare ribs, coated in our secret house rub, with

Butterworth & Sons Gin trap BBQ sauce, Skinny fries, and crunchy corn slaw GF/MU/S

½ rack £9.95, full rack £13.95

GT Fish Pie, haddock, whiting, creamy mustard, tarragon and onion sauce £15.50

Buddha bowl: herb marinated quinoa, crispy spiced chickpeas, mixed greens, avocado, red pepper sauce, and spiced seeds V/VE/N/SE/S/GF/DF £12.50

Slow coked Moroccan lamb tagine, spiced herb couscous, yoghurt. G/M/N £13.95

Pasta al Pomodoro, creamy tomato, basil, saute spinach, parsley & garlic garlic bread (with chicken + £2.50)

G/F/V £10.50

New Orleans style fried buttermilk chicken, with cowboy beans, skinny fries and crispy charred corn MU/D/G/M £12.95

Breaded Whitby scampi, served with rosemary salted fat chips, pea purée, and crunchy house tartare sauce G/CE/CR/E/F/ £12.50

Local IPA battered fish of the day, served with rosemary salted fat chips, pea purée, and crunchy house tartare G/CE/CR/E/F £12.95

Pan roasted 10oz sirloin steak, salsa verde, rosemary salted chips, cherry tomatoes GF **(DBB supplement: £8)** £22.50

Gin trap classic ham and eggs: Grilled thick cut local ham, rosemary salted chips, Havensfield Happy Hen eggs, curried piccalilli GF/E/S £12.50

## BURGERS/GRILLS

GT Smash burger: 7oz homemade beef burger, melted Applewood cheese, Drunken Brewdog X Gin trap BBQ sauce, avocado mayo G/MU/S/E £13.25

Green falafel burger, Drunken Brewdog X Gin trap BBQ sauce, avocado mayo G/S/E/M £11.95

New Orleans style fried buttermilk chicken, Drunken Brewdog X Gin trap BBQ sauce, avocado mayo G/S/M/E £12.95

All burgers are served with rosemary salted chips **(Add smoked bacon £1)**

**Skinny Burger**-As above but with no bun, and dressed salad instead of chips £10.95

## SIDES

Fat Chips G Skinny Fries G Balsamic dressed salad MU Buttered Norfolk Peer Potatoes Cheesy Chips D, G IPA Battered Gherkins G £3.00

## Allergen key

Celery/celeryiac CE, Gluten G, Crustaceans CR, Egg E, Fish F, Lupin L, Vegetarian V, Vegan VE, Milk M, Mustard MU, Nuts N, Peanuts P, Sesame SE, Soy S, Sulphates SD, Molluscs MO, Gluten Free GF, D Dairy, DF Dairy Free